Behavioral Health Can't Be Ignored:

More Need, More Access

The need for improved behavioral health support is urgent.
The lack of treatment is too costly - and the door to change is wide open.

1 How many suffer?



1 in 5 Americans
face mental health
challenges¹



have come to work with suicidal feelings 2





Nearly half of employees

surveyed report negative mental health impact by COVID-19³

What are the barriers to treatment?



Less than half

of those that suffer receive treatment.⁴
Shame is a major factor.⁵

To see a psychiatrist, **the average wait time is:**





Over 60% of U.S. counties have

no psychiatrists⁷

What is the cost of ignoring mental health?



Medical costs for individuals with mental illness are

2-3x higher⁸

80% of patients

with behavioral health needs present in ER or urgent care clinics⁸



Mental health accounts for



and is a top cause of worker disability in the U.S⁹

How can employers use Behavioral Telehealth to address the issue?

Integrate convenient, discreet access to behavioral health experts alongside other benefits.



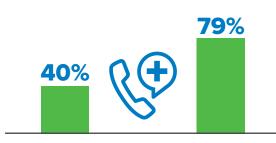
The average Behavioral Telehealth treatment episode is **4 visits**



76% of patients

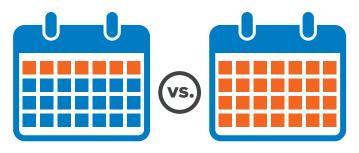
with depression improved significantly within 3 remote visits¹⁰





Post-COVID-19 Employee demand for

behavioral telehealth doubled³



Virtual behavioral health visits deliver care

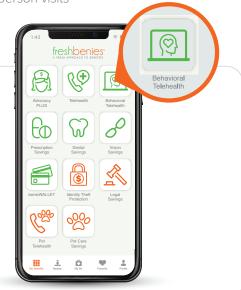
4x faster

than in-person visits10



Give employees and their families behavioral health access plus 5 other healthcare-saving services

for only 6 cents per employee per hour





1. National Alliance on Mental Illness 2. https://www.unum.com/about/newsroom/2019/march/mental-health-report—articles-and-re-search 3. https://keladocchealth.com/newsroom/press/release/new-study-by-teladoc-health-reveals-covid-19-pandemics-widespread-negative/ 4. National Institute of Mental Health. "Prevalence of AMI." 2020. 5. MindShare Partners' Mental Health at Work 2019 Report 6. Malowney, M. et al. "Availability of Outpatient Care from Psychiatrists: A Simulated-Patient Study in Three U.S. Cities." Psychiatric Services 2015; 66:94–96; doi: 10.1176/appi.ps.201400051. 7. The Silent Shortage: How Immigration Can Help Address the Large and Growing Psychiatrist Shortage in the United States. New American Economy Research Fund. Published October 23, 2017. 8. Melek, S., et al. "Potential economic impact of integrated medical-behavioral healthcare: Updated projections for 2017," Milliman. January 2018. 9. https://www.unum.com/about/newsroom/2019/march/mental-health-report—articles-and-research 10. Teladoc presentation June 2020