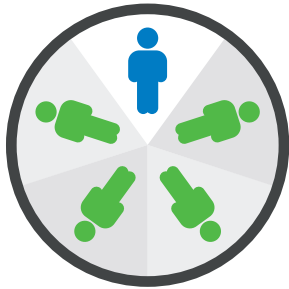


Behavioral Health Can't Be Ignored:

More Need, More Access

The need for improved behavioral health support is urgent. The lack of treatment is too costly - and the door to change is wide open.

1 How many suffer?



1 in 5 Americans
face mental health
challenges¹



have come to work with suicidal feelings²



**Nearly half
of employees**
surveyed report negative mental
health impact by COVID-19³

2 What are the barriers to treatment?



Less than half
of those that suffer receive treatment.⁴
Shame is a major factor.⁵

To see a psychiatrist,
the average wait time is:



Over 60%
of U.S. counties have
no psychiatrists⁷

3 What is the cost of ignoring mental health?



Medical costs for individuals
with mental illness are
2-3x higher⁸

80% of patients
with behavioral health needs
present in ER or urgent care clinics⁹



Mental health accounts for



and is a top cause of worker
disability in the U.S.⁹

4 How can employers use Behavioral Telehealth to address the issue?

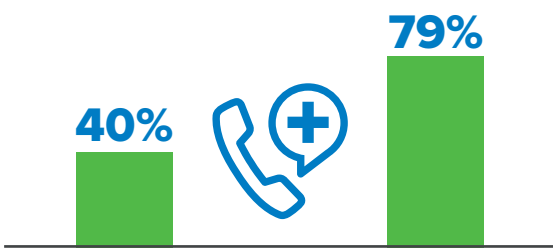
Integrate convenient, discreet access to behavioral health experts alongside other benefits.



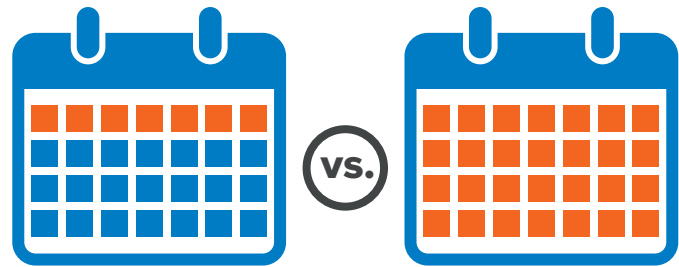
The average Behavioral Telehealth treatment episode is **4 visits**



76% of patients with depression improved significantly within 3 remote visits¹⁰



Post-COVID-19 Employee demand for **behavioral telehealth doubled**³



Virtual behavioral health visits deliver care **4x faster** than in-person visits¹⁰



Give employees and their families behavioral health access plus 5 other healthcare-saving services **for only 6 cents per employee per hour**

