





4 Growing Benefit Challenges

4 Winning Strategies for Employers and their Employees



We've hit uncertain times in healthcare and employment. Employers need strategies and employees need help to fill the gaps in care and manage skyrocketing costs. How do you change the story? Provide practical tools that deliver strategic services to employees – all in one freshbenies membership with market-leading engagement.

Benefit Challenge	The Pain	Your freshbenies Strategy	The Wins
<p>1 Employees need more than a health plan</p>	<ul style="list-style-type: none"> • \$4,704 average family of 4 spends in out of pocket costs • Plans cover less yet employees are paying more than ever • Dependents are often left out 	 <p>Pair a freshbenies membership with the health plan – all within medical budget</p>	<ul style="list-style-type: none"> • Improves any health plan and simplifies the healthcare experience <ul style="list-style-type: none"> - Increased access to care for all immediate family - Expert advocates to navigate the system - Out of pocket savings with best-in-class savings networks • Industry-leading, independently validated savings and utilization
<p>2 Employees are confused with our complex healthcare system</p>	<ul style="list-style-type: none"> • 93% of Americans don't trust insurance companies for unbiased help¹ • Leaving employees to navigate issues alone often results in unnecessary procedures, more expensive bills and increased HR workload 	 <p>Give employees an independent, personal Advocate</p>	<ul style="list-style-type: none"> • Consistent, personal expert even when health plans or carriers change • Employees have a Health Pro® who understands the ins and outs of their specific health plan • Professional guidance, research and coordination to help employees make smarter healthcare decisions
<p>3 Employees face increased behavioral health issues</p>	<ul style="list-style-type: none"> • 79% of Americans say employee benefits should include virtual care for mental health² • Twice as many suicides as homicides in the US³ • Top 20% most-stressed employees cost \$1500 more in healthcare⁵ 	 <p>Increase access to mental health care with Behavioral Telehealth</p>	<ul style="list-style-type: none"> • Discreet, convenient options for behavioral health needs - phone or video visits • Faster appointment times (average 1 week vs 4 weeks)⁴ • Depression (69%) and anxiety (72%) patients begin to improve after 2 visits⁴
<p>4 Employees face uncertain times</p>	<ul style="list-style-type: none"> • Millions of families have been affected by furloughs, lay-offs, and cuts to pay or hours • Many employees are ineligible for health insurance, while some can't afford it • Turnover cost for the average US employee is \$15,000 	 <p>Provide the PREMIUM Total Package to all employees and their families for less than \$10/month</p>	<ul style="list-style-type: none"> • Give a benefit to help control healthcare costs that includes the immediate family • Increase access to care and provide out of pocket savings to all employees • Boost confidence, energy and engagement with employees

Disclosures: **This plan is NOT insurance.** This discount card program contains a 30-day cancellation period. The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. Learn more at freshbenies.com. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380, 855-647-6762. Some state restrictions may apply.

1. Insurance Business Magazine – Harris Poll 2. <https://teladochealth.com/newsroom/press/release/new-study-by-teladoc-health-reveals-covid-19-pandemics-widespread-negative/> 3. National Institute of Mental Health <https://www.nimh.nih.gov/health/statistics/suicide.shtml> 4. Teladoc Behavioral Health Stats 5. <https://www.cnbc.com/2019/06/19/stress-adds-1500-to-annual-worker-health-care-cost-former-aetna-ceo.html>